

PROGRAMME

7 MAY 2025

08:00

Registration

08:30

Åse Marie Lønning and Prof. em. Ola D. Saugstad (MD)

Welcome

08:35

Prof. em. Kristian Sommerfelt (MD)

Very short intro to ME/CFS and Long Covid

08:45

Prof. Carmen Scheibenbogen (MD)

Causal mechanisms - Dysimmunity

09:15

Prof. Øystein Fluge (MD)

Biological treatment strategies: Immunological targets

09:45

Prof. Karl Johan Tronstad

Metabolomics and cellular energy supply

10:15

Questions / Short discussion

10:25

Break

10:40

Prof. David Putrino

New insights from the Covid pandemic

11:10

Ass. Prof. David System (MD)

Circulatory and respiratory aspects

11:40

Questions / Short discussion

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11:50

Lunch

12:50

Ass. Prof. Rob Wüst

PEM (post-exertional malaise) and muscle abnormalities

13:20

Prof. em. Kristian Sommerfelt (MD) and Trude Schei

Measuring patient functional capacity (FUNCAP)

13:50

Prof. Brian Hughes

National guidelines? Yes! - But that is not enough

14:20

Questions / Short discussion

14:30

Break

14:50

Anniken Aase Sommerfelt, Specialist GP

ME/CFS: Perspective from a General Practitioner

15:10

Michelle Bull, Physiotherapist (PhD)

Living with ME/CFS and Long Covid - Managing symptoms

15:40

Summary of the day. Plenary.

16:15

The End